

Contagious Joy Bible Study #1

Bible Study Guide Handout



Chapter One - Joyless Living – Study Handout

- 1. **Proverbs 23:29** NIV -Verse: Who has anguish? Who has sorrow? Who is always fighting? Who is always complaining? Who has unnecessary bruises? Who has bloodshot eyes?
- 2. **Isaiah 24:11** – What happened to the people’s joy?
- 3. What are the signs of absence of joy in **Isaiah 24:8**?
- 4. Symptoms of joyless living: **Ezekiel 26:13 and Psalms 137:2**?
- 5. What is the contrast in **Isaiah 65:4** – those who belong to God and those that don’t?
- 6. When joy slips from us can we pray for its return – **Psalms 51:8**?
- 7. Feelings are tricky – what does **Proverbs 14:10** remind/reassure us of?
- 8. Answer questions found from these verses: **Psalms 16:11 – Psalms 25:4 – Psalms 119:18**

- 9. What promise do we find in **Psalms. 30:5?**

DIGGING DEEPER VERSES: Numbers 22:31 - Psalms 146:8 - Acts 26:18 - Psalms 119:18 - Luke 24:31

Ponder and Pray: No matter how dark a night you might have experienced, there is a promise that JOY will come in the morning. Sorrow will not last forever. God is ABLE to turn all our sadness into dancing and all our ashes into radiant beauty. Thank God for the joy you have now and for the JOY He's promised to give you when you need it most. Praise Him when you don't feel like it, by faith, the joyful feelings will come!

Trinkets to Treasure: Small gift to remind you of what we learned in this lesson. **Pair of glasses** – they will remind us that we never need be trapped in joyless life. Joy is ours, **Sometimes all we have to do is ask the Lord to help us SEE IT.**

